

MAG. DR. RER. NAT. STEFAN HÖFER
ASSOCIATE PROFESSOR

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Place and Date of Birth: Linz, Austria, 7th June 1975

Relationship: partnership, father of Paula Sophie, 22.11.2013, Alois Felix, 27.11.2017



Work Experience

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| November 2007 - present | Associate Professor (Clinical and Health Psychology) at the Department of Medical Psychology, Innsbruck Medical University, Austria |
| October 2010 - present | External Lecturer at the Department of Psychology, Leopold Franzens University Innsbruck, Austria |
| October 2014 - present | External Lecturer (Quantitative Methods) at the Institut für Psychosoziale Intervention und Kommunikationsforschung, Leopold Franzens University Innsbruck, Austria |
| October 2013 - 2014 | External Lecturer (Diagnostic and Test Theory) at the Department of Psychology, UMIT, Hall in Tyrol |
| January 2005 - November 2007 | Assistant Professor at the Clinical Department of Medical Psychology and Psychotherapy, Innsbruck Medical University, Austria |
| January 2003 - January 2005 | EU Marie Curie Research Fellow (Post-doc), Royal College of Surgeons in Ireland, Department of Psychology, Dublin |
| January 2002 - present | Founder and Director of MacNew.org [www.macnew.org] |
| October 2000 - January 2003 | University Assistant at the Department of Medical Psychology and Psychotherapy (Psychotherapy outpatient ward), University of Innsbruck, Austria |
| February 2000 - March 2000 | Visiting Scientist at the Regenstrief Institute for Health Care, Indiana University, Indianapolis, IN, USA |
| January 2000; April - October 2000 | Clinical Psychologist at the Institute of Neuropsychological Rehabilitation, Innsbruck, Austria |
| January 2000 - January 2009 | Independent Scientist in the working group of Primar Dr. Werner Benzer, Academic Hospital, Feldkirch, Austria |
| January 1999 - December 1999 | Scientific Fellow at the Department of Medical Psychology and Psychotherapy, University of Innsbruck, Austria |

Education

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| October 2015 - July 2016 | Certified and registered Work- and Organisational Psychologist (ÖAP, Vienna) |
| April - July 2014 | Heart-rate variability Training (Autonom Health) |
| January - May 2011 | Communication Skills Training (University Didactics Training, Innsbruck Medical University, Austria; Medical Faculty Heidelberg, Germany) |
| November 2007 | Venia Docendi: Clinical Psychology (Innsbruck Medical University) |
| January 2003 - December 2004 | Post-Doc Marie Curie Research Fellowship, Royal College of Surgeons in Ireland, Dublin (Prof. Hannah McGee) |
| January 2000 - December 2002 | PhD-study (Clinical Psychology), Leopold Franzens University Innsbruck, Austria |
| May 2000 - January 2001 | Approbation as Clinical and Health Psychologist, Austrian Academy of Psychology of the Austrian Federation of Psychologists, Innsbruck Clinical Internship as Clinical and Health Psychologist, Department of Medical Psychology and Psychotherapy, Innsbruck, Austria |
| September 1994 - December 1999 | Master-study (Psychology), Leopold Franzens University Innsbruck, Austria |
| September 1985 - June 1993 | College of the Jesuit's (High school, Bundesrealgymnasium Kollegium Aloisianum), Linz-Freinberg, Austria |

Competitive Research Grants (national and international peer-reviewed)

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| Juli 2017 <i>Co-Principal Investigator</i> | FFG-COIN: Electronic Predictive Analytics Infrastructure for Cardiovascular Rehabilitation (EPICURE, 340.000€) |
| May 2017 <i>Principal Investigator</i> | EURASIA-PACIFIC UNINET: 15 th Annual Meeting of the International Society for Quality-of-Life Studies (5000€) |
| August 2016 <i>Principal Investigator</i> | EURASIA-PACIFIC UNINET: 14 th Annual Meeting of the International Society for Quality-of-Life Studies (2000€) |
| August 2015 <i>Principal Investigator</i> | EURASIA-PACIFIC UNINET: Health-related quality of life of heart disease – Korean Version(s) (2000€) |
| August 2014 <i>Principal Investigator</i> | EURASIA-PACIFIC UNINET: Health-related quality of life of heart disease – Korean Version(s) (4000€) |
| June 2014 <i>Principal Investigator</i> | FWF: Health and well-being of medical students and practitioners (315.000€) |
| April 2011 <i>Principal Investigator</i> | Österreichischer Herzfonds: Patient Education and Counselling for Cardiovascular Risk Factors: bridging the intention – behaviour gap (25.000€) |
| June 2010 <i>Principal Investigator</i> | Clinical Skills Lab Program, Medical University Innsbruck: Development and Evaluation of the Communication Skills Program (25.000€) |
| September 2009 <i>Principal Investigator</i> | Quality Assurance Program in Health Care, Government of Tyrol (TGF-Project 10-02/78): Patient Education and Counselling for Cardiovascular Risk Factors: bridging the intention – behaviour gap (80.000€) |
| April 2007 <i>Principal Investigator</i> | Österreichischer Herzfonds: Integration of Quality of Life into Clinical Practice (28.000€) |
| November 2006 <i>Principal Investigator</i> | Quality Assurance Program in Health Care, Government of Tyrol (TGF-10-00-00-00-02/364): Integration of Quality of Life into Clinical Practice (33.457,50€) |
| June 2006 <i>Principal Investigator</i> | Central bank of the Republic of Austria (11969): Integration of Quality of Life into Clinical Practice (34.000€) |
| April 2006 <i>Principal Investigator</i> | Government of Vorarlberg (IIB-11.00/0031): Integration of Quality of Life into Clinical Practice (8.000€) |
| May 2005 <i>Principal Investigator</i> | European Society of Cardiology, European Association of Cardiac Prevention and Rehabilitation HeartQoL (25.000 €) |
| May 2005 <i>Principal Investigator</i> | EU-Marie Curie Reintegration Grant (MERC-CT-2004-012844): Enhancing Quality of Life through Individualisation (40.000€) |
| February 2005 <i>Principal Investigator</i> | Tyrolean Science Funds (UNI-0404/142) Enhancing Quality of Life through Individualisation (12.000€) |
| January 2003 <i>Co-Principal Investigator</i> | EU-Marie Curie Fellowship: Quality of life (200.000€) |

National and International Conference Organisation (Chair/Co-chair)

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| September 28 th – 30 th , 2017, Innsbruck | 15 th Annual Meeting of the International Society for Quality-of-Life Studies (Conference Co-chair) |
| August 26 th - 30 th , 2014, Innsbruck | 28 th Conference of the European Health Psychology Society (Conference President) |
| July 2 nd - 3 rd , 2010, Innsbruck | European Conference on Psychosomatic Research (Conference Co-chair) |
| June 30 th - July 1 st , 2010, Innsbruck | Annual Meeting of the European Association of Consiliar/Liasion Psychiatry and Psychosomatics (Conference Co-Chair) |
| May 11 th - 12 th , 2007, Innsbruck | Cardiopsychology: Heart Disease – Lifestyle Disease; Austrian Federation of Psychology (Chair) |
| November 2007 – 2017 | Annual Meetings of the Austrian Professional Association of Psychologists, federal state group Tyrol (Chair/Co-Chair) |

Research Awards & Nominations

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| September 2017 | ISQOLS Research Fellow Award |
| September 2014 | Poster prize, Gesellschaft für Medizinische Ausbildung |
| June 2012 | Austrian Communications Award 2012 (3 rd rank) |
| June 2009 | Austrian Nominee for the Aristotle Prize (European Federation of Psychologists Association) |
| April 2008 | Austrian Psychology Award (Österreichischer Psychologiepreis) |
| December 2005 | Quality of Life Award 2005 (Lilly Germany) |
| May 2005 | IT-Business Award 2005 (Center for Academic Spin-offs Tyrol) |

Editorial Board Memberships

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| 2013 - 2016 | Journal of Applied Psychology: Health and Well-Being (Associate Editor) |
| 2008 - present | Applied Journal of Quality of Life Research |
| 2017 - 2018 | Special Issue: Character Strengths, well-being and health in educational and vocational settings, Applied Journal of Quality of Life Research |

Further Activities / Membership

Psychologenbeirat, Bundesministerium für Arbeit, Soziales, Gesundheit und Konsumentenschutz

Convenor of the Standing Committee on Psychology and Health of the European Federation of Psychologists' Associations (EFPA)

Chair of the Health Psychology Branch, Austrian Federation of Psychology (Berufsverband Österreichischer PsychologInnen; BÖP)

Board of Directors of the Austrian Federation of Psychology, (Berufsverband Österreichischer PsychologInnen; BÖP)

Member of the National Awarding Committee – *EUROPSY Diploma*, Austria

Fellow of the European Society of Cardiology

Nucleus member of the European Association of Cardiac Prevention and Rehabilitation

Member of the Scientific Advisory Board of the AGAKAR (Austrian Working Group for Outpatient Cardiac Rehabilitation)

Member:

- Austrian Federation of Psychology (BÖP)
- Österreichische Gesellschaft für Psychologie (ÖGP)
- European Health Psychology Association (EHPS)
- European Association of Psychological Assessment (EAPA)
- International Society for Quality-of-Life-Studies (ISQOLS)
- International Society for Quality of Life Research (ISOQOL)
- Gesellschaft für Medizinische Ausbildung (GMA)