

#### **Description:**

A Kibbutz (pl. Kibbutzim) is an "Israeli collective settlement. both agricultural and industrial. In traditional Kibbutzim all wealth is held in common. Profits are reinvested in the settlement after members have been provided with food, clothing, and shelter and with social and medical services. Adults have private quarters, but children are generally housed and cared for as a group. Cooking and dining are in common." (source: <a href="https://www.britannica.com/topic/kibbutz">https://www.britannica.com/topic/kibbutz</a>). In many current Kibbutzim most of these characteristics have transformed with major impact on QOL and also on Life expectancy.

Long-time ISQOLS member and emeritus professor of Univ. of Haifa, Israel, Dr. Uriel Leviatan, extends a warm invitation to the ISQOLS community to come and explore quality-of-life as it relates to "kibbutzim" in his home of kibbutz Ein Hamifratz, with accommodations at the neighboring Kibbutz (Kfar Masaryk). The tentative schedule (see below) includes three-full days of planned activities, lectures, education, and tours --- all designed to give the participants a clear overview of the benefits of traditional kibbutz living as it relates to quality-of-life, happiness, wellbeing, and longevity. The focus will be on how traditional social arrangements in kibbutzim were important in positively affecting these outcomes and how changes in these arrangements affect them negatively. Not only will participants learn from local experts, they will each get hands-on experience by lodging, eating, and learning in an actual Kibbutz community.

#### **Tentative Program and Schedule:**

March 15<sup>th</sup>, Day 1. Arrival in Kibbutz Kfar Masarik (Near the city of AKKO) getting settled in their B & B place. (Best way is to take the train from Ben Gurion Airport to Akko (about 2 hours, about 44 NIS). A taxi from Akko to Kfar Masaryk (about 10-15 min, about 50 NIS.)

	Topic	Lecturer	Location	comments
March 16 <sup>th</sup> , Day 2.				
Breakfast; leaving 8:30				
9:00—10:30)	History, philosophy, and ideology of kibbuzim	Dr, Alon Gan, Historian	(Social Club Kibbuz Ein Hamifatz— 2,5 Km. from Kfar Masaryk	
10:45—12:15	Ein Hamifatz, history, functioning – understanding how it works	Dr. Matan Geffen, Kibbutz member and former general secretary		
12:15—14:15	Lunch		Dining hall of Ein Hamifratz	
14:15—15:45	Environmental and socio- psychological factors contributing to high level of quality of life and high level of Life expectancy of kibbutz population	Prof. (Emeritus) Uriel Leviatan Member of Ein Hamifartz , University of Haifa, ISQOLS member	(Social Club Kibbuz Ein Hamifatz	
16:00 - ~20:00	Walk through kibbutz; Visit to Leviatan's home, Informal talks and Q-A about kibbutz and life – Buffet Dinner	Hosts: Rachel and Uri Leviatan	House of Leviatan Family, Ein Hamifratz	
~20:00	Return to Kfar Masarik			

March 17, Day 3		Lecturer	Location	comments
Breakfast, leaving 8:30				
9:00 – 10:45	Education in Kibbutzim and its relation to	Prof. Yuval Dror, Education,	(Social Club Kibbuz Ein Hamifatz	
	quality of life	Univ. of Tel Aviv	(or Kfar Masaryk)	
10:45 – 12:15	Economy in kibbutzim and its relation to	Dr. Offir Rubin, Economist, Univ.		
	quality of life	of Beer Sheva		
12:15 -14:00	lunch		Dining hall of Ein Hamifratz (or	
			Masaryk)	
14:00 - ~19:00	Guided Visit to crusaders' Halls in ancient			
	Akko, a short walk in Akko, Dinner at a			
	restaurant in Akko			
~19:00	Back to Kfar Masaryk			
Evening	Possible cultural performance.			Extra Payment
				(?)

March 18, Day 4		Lecturer	Location	comments
Breakfast, leaving 8:30				
8:30 – 12:30	Trip to kibbutz Mishmar Haemek	Meeting with representatives in charge of "the 3 <sup>rd</sup> age" division of the kibbutz: explaining how the kibbutz deals with their old age members in all domains of life		
12:30 -13:30	lunch		Dining hall of Mishmar Haemek	
13:30—15:00	Women quality of life in Kibbutz Or – A summary session of the days with guests from the Institutes for kibbutz studies at the Univ. of Haifa.	Prof. Michal Palgi, Institute of kibbutz research, Univ. of Haifa	Mishmar Haemek	
15:00—20:00	Visit and tour in Nazareth Or in a Drus village on the Carmel Mountain		Including dinner at one of the retaurants	
~20:00	Back to Kfar Masaryk			

### March 19, Day 5:

Participants departures home

**Suggested Registration Fee:** 

ISQOLS Member: \$300 USD

ISQOLS Non-Member: \$375 USD

(costs depends on the number of participants (15 assumed)).

#### **Registration Fee includes:**

Transportation to and from all planned activities on March 16, 17, 18; Guided tour of Nazareth; Social club access in Kibbutzim; Lunch on March 16, 17, 18; Guided visit to Knights Hall in Akko; Dinner on March 16, 17, 18; lectures.

Not included:

Cultural performance might be added.

Airfare to and from Tel Aviv; Lodging

**Lodging rates** 

Tourists with foreign Passports who pay with foreign currency are not charged with VAT, which is 17%. Thus the lodging should be paid by individuals.

The Kfar Masaryk facility has only 10 rooms for singles (and it is about 340 NIS per room, while the double units and are about 390 for two). However, the units for families have separate rooms in them and people can share without a problem.

Estimated lodging rates for March 15, 16, 17, 18, - 4 nights

340 NIS/night = 1360 NIS = \$ 390.46 USD to for 4 nights

Total estimated costs for participant: \$300 USD Registration Fee + \$390.50 USD lodging = \$690.00 USD + airfare