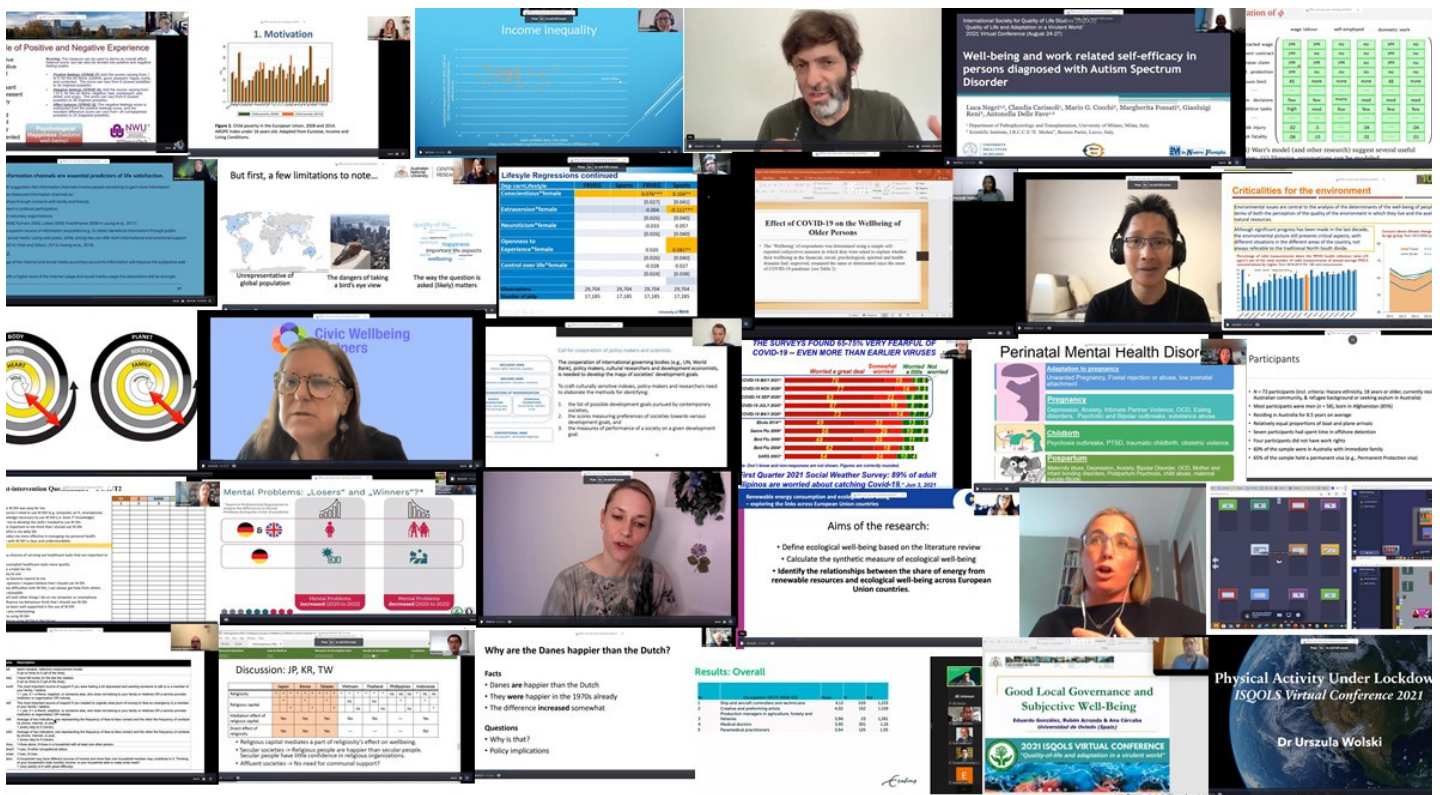
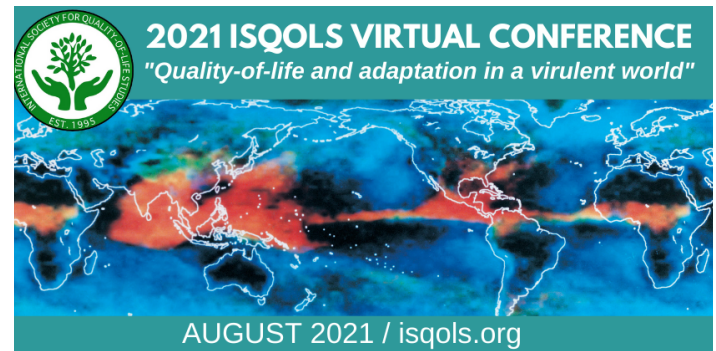




# ISQOLS 2021 Virtual Conference Summary



## QUALITY-OF-LIFE AND ADAPTATION IN A VIRULENT WORLD

by Jill Johnson, ISQOLS Executive Director

**"All failure is failure to adapt, all success is successful adaptation."- Max McKeown**

When it became evident that the 2021 planned conference would not be able to be held in person due to the ever-changing global pandemic, the Conference Organizing Committee focused on one word: ADAPTATION. In the wake of a disorienting 2020, we all felt the lingering effects of restrictions and disruption. As we were all facing unprecedented challenges in both our personal and professional lives, each and every one of us had to hone our ability to adapt.

(continued from page 1)

Despite the disappointment and limitations, we in ISQOLS were determined to engineer a conference experience that allowed our community to connect, share, contemplate, and grow. There was indeed much to be discussed. We wondered the following: ***In the wake of tragedy and loss on such a massive scale, how does anyone now measure or analyze quality-of-life? Have our shared experiences changed how we view wellbeing? How will our resiliency affect societal happiness? And, perhaps most importantly, how can we as an organization adapt to these new circumstances and still maintain a sense of community?*** Thus the theme of the 2021 ISQOLS Virtual Conference was established: "Quality-of-Life and Adaptation in a Virulent World".

What soon happened exceeded our expectations. Needed volunteers came forward, lending their time and expertise. Abstracts began to pour in from every category, sub-topic, and region around the world. Carefully crafted posters were submitted, keynotes were confirmed, and the conference virtual platform was constructed. Our society proved beyond a shadow of a doubt that we have a strong ability to adapt, collaborate, and produce incredible work.

The scope and depth of the research speaks volumes:

- 93 sessions
- 293 Presentations
- 28 posters
- 5 keynote speakers
- 12 time zones
- Over 500 authors represented from all over the world

These impressive numbers point to a clear fact: the International Society for Quality-of-Life Studies is playing a crucial role in our world today. In this age of change, there is a great need for information as it relates to quality of life, wellbeing and happiness-- and we are the group of scholars and practitioners to fill that need.

Our hope is that each of our participants had the opportunity to both share and elevate personal knowledge, strengthen their voice, and find a community within ISQOLS. We hope you feel inspired to become an active member of our society for many years to come. Thank you to all the volunteers, organizers, and participants!





# Conference Committee

## Conference Organizing Committee

Martijn Burger (Erasmus Universiteit Rotterdam and Open Universiteit), Jill Johnson (ISQOLS), Carol Graham (Brookings Institutions and University of Maryland), Talita Greyling (University of Johannesburg), Jorge Guardiola (Universidad de Granada), Kelly Hamshaw (University of Vermont), Jane Kolodinsky (University of Vermont), Helen Lasimbang (Universiti Malaysia Sabah), Kelsey O'Connor (STATEC Luxembourg), Nicholas Pang (Universiti Malaysia Sabah), Ming-Chang Tsai (National Taipei University)

## Conference Scientific Committee

Martijn Burger (Erasmus Universiteit Rotterdam and Open Universiteit)  
 Carol Graham (Brookings Institutions and University of Maryland)  
 Talita Greyling (University of Johannesburg)  
 Jorge Guardiola (Universidad de Granada)  
 Kelly Hamshaw (University of Vermont)  
 Jane Kolodinsky (University of Vermont)  
 Helen Lasimbang (Universiti Malaysia Sabah)  
 Kelsey O'Connor (STATEC Luxembourg)  
 Nicholas Pang (Universiti Malaysia Sabah)  
 Ming-Chang Tsai (National Taipei University)  
 Graciela Tonon (Universidad de Palermo and Universidad Nacional de Lomas de Zamora, Argentina)

## Conference Social (Gather) Committee:

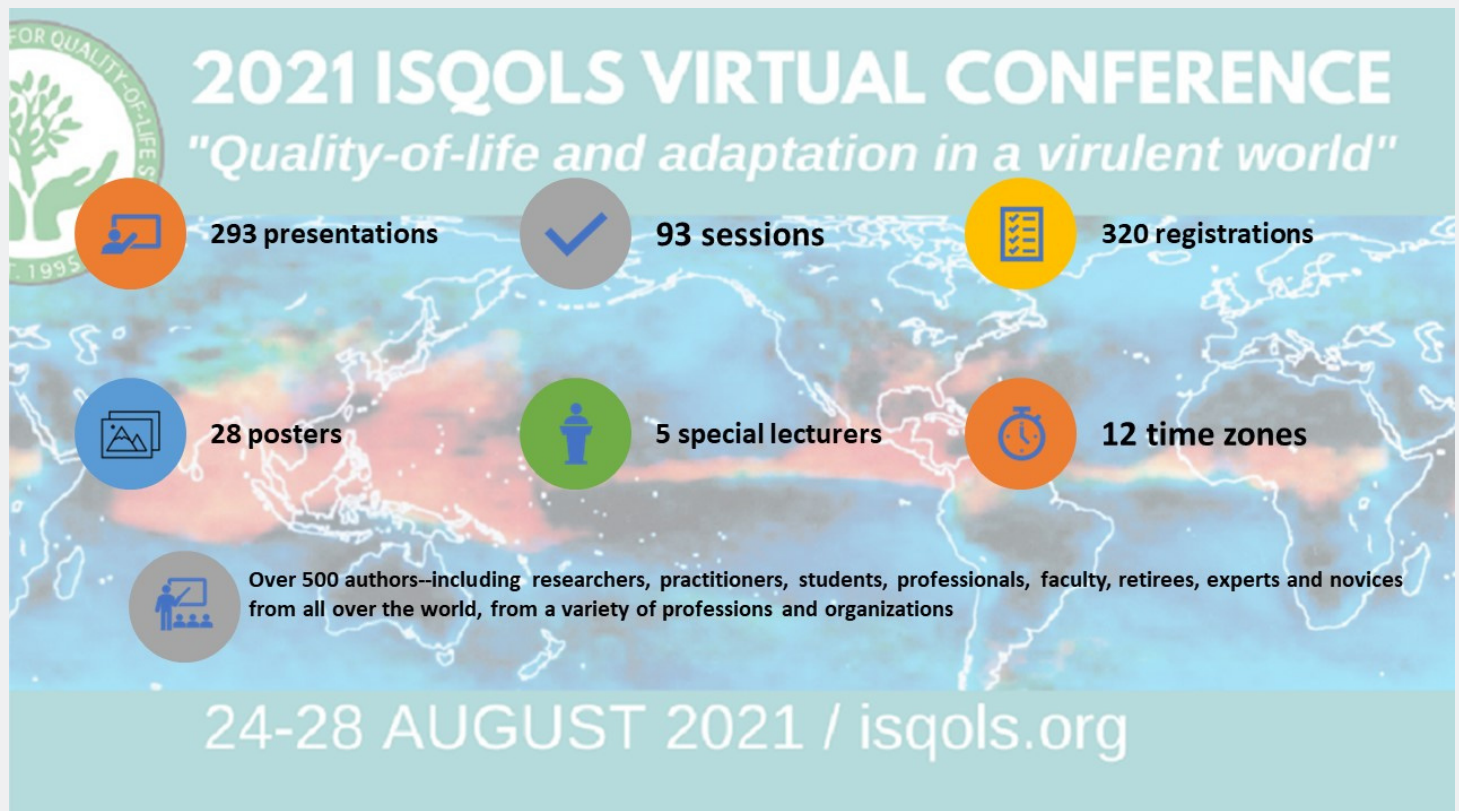
Lilian Jans-Beken  
 Liliane Lins-Kusterer (Federal University of Bahia)

# THANK YOU



## ZOOM SESSION CHAIRS

Joe Sirgy, Stephanie Rossouw,  
 Jay Sandoval, Martijn Hendriks,  
 Francesco Sarracino, Martijn Burger,  
 Sergiu Bălățescu,  
 Marloes Hoogerbrugge, Nicolai Suppa,  
 Kai Ludwigs, Kelsey O'Connor,  
 Emma Pleeing, Spyridon Stavropoulos,  
 Daniela Andren, Cornelia Walther,  
 Talita Greyling, Kelly Hamshaw,  
 Jason Ware, Erini Leriou, Lilian Jans- Beken,  
 Ángeles Sánchez, Domínguez Deniz Yucel,  
 Tatiana Karabchuk



# Education Grant Recipients Reflections

ISQOLS was pleased to present education grants to 16 individuals. These recipients are all either students or early-career researchers. Many of them submitted reflections about their experiences and we are pleased to share them :

## **Matthew McClellan, Ph.D. Candidate, Research Assistant, University of Massachusetts Boston, USA**

I was introduced to the field of Quality of Life and Wellbeing by a friend and mentor that is part of this conference, Patsy Kraeger. While learning about this field of study and incorporating it into my dissertation research, Patsy encouraged me to submit an abstract to present at this conference. I was a bit hesitant, but so happy I did. I have presented research over the years at multiple U.S. national conferences, and very rarely do you find a group of researchers that are uplifting and supportive.

On day one the introduction to wellbeing was thoughtful and thorough. I appreciated Dr. Sirgy presentation on wellbeing to open the conference and informing those that may not be as knowledgeable in this field. Further, Dr. Sirgy was very aware of presenting virtually. He broke up the presentation in segments and gave breaks for folks to step away for a few minutes. Dr. Sirgy touched on a few theories that I plan to investigate more deeply that may inform my final dissertation. His book, Positive Balance, was discussed in the presentation and seemed like a great guide.

On day two, Wednesday, I attended the sessions on food security that were insightful. One presentation discussed the community involvement piece that made a program successful. I also presented on Wednesday. I was nervous to present because I have had some setbacks in my data collection process due to Covid-19. I quickly found I had nothing to be worried about. There were a lot of people in the session and folks gave great feedback and offered suggestions for success during Covid-19. More importantly, I have been feeling unmotivated because of the setbacks and the group at my presentation really encouraged me about the importance of my research project. This is not something that always happens and even more important to me was the spread of disciplines present, all giving similar feedback. I value the importance of mentorship and support for all professionals and graduate students. ISQOLS members and presenters seems to also value those things.

Thursday, I was able to attend the other sessions in the same area that I presented in. I saw a mentor present their research and really learned from the discussions that happened after each presentation. While the research presentations are interesting, I find the perspective of others so engaging. Having so many different scholars present from all over the world really highlighted different ways these projects could be improved and gave great perspectives. It was nice to hear how everyone has been navigating Covid-19 and their projects as well, being 100% remote/virtual can feel defeating at times.

I would like to congratulate the organizers of this conference. Covid-19 has really pushed the us to the limits of virtual experiences. Organizing a conference over multiple time zones is no easy feat. The web app for the conference was neat and easy to navigate, which truly can make all the difference. I was impressed with the scholar's time management, as we know presentations are not always concise to the time limits. I was touched Javier Martinez reached out to me to offer other resources from their university and encouraging me to present next year. I want to thank Patsy Kraeger for encouraging me to apply to the conference and the grant. I look forward to the opportunity to apply to the 2022 conference and presenting my final dissertation findings.

## **Robin Konietzny, PhD Candidate, University of Groningen, Netherlands**

Due to the corona pandemic, the conference was held fully online. While switching from an in-person to a virtual setting poses several challenges, the organizers excelled at providing ample room for interaction and discussion, resulting in an excellent conference experience.

On Tuesday, August 24, a crash course on the psychology of well-being marked the start of my virtual conference. The lecturer Mr. Sirgy provided a great overview of the research on the psychology of well-being, touching upon the philosophical foundations, definitions and measures that are common in the field. My own PhD research focuses on a narrow part of the field, worker-level subjective well-being, and the crash course allowed me to learn more about the diversity in well-being research.

Throughout Wednesday and Thursday, I visited several parallel sessions that evolved around worker well-being such as the sessions "unemployment and well-being" or "work and well-being". I learned about several concepts and approaches that are highly relevant to my own research and that I will use in future work. My personal conference



# Education Grant Recipients Reflections Continued

*(continued from page 4)*

highlight was the keynote lecture by Mr. Ariely who gave insightful perspectives on human behavior. His research is not only relevant as behavioral research in itself but also provides many pointers on how to improve personal quality of life. Thursday evening and throughout Friday, I had the opportunity to participate in the GLO/EHERO special sessions on happiness economics. First of all, I would like to applaud the sessions organizers Martijn Hendriks, Martijn Burger and Milena Nikolova for assembling such an inspiring group of researchers. In one of the sessions, I could present my own PhD research titled: "Trade and Job (In)Security: The Two Sides of Occupational Import Exposure". The thoughtful and detailed remarks that I received during the following discussion will help me further improve my paper. I would like to thank the ISQOLS for awarding me the educational grant. Further, I would like to thank my supervisor Milena Nikolova for introducing me to the field of happiness economics, helping me build a network of like-minded researchers and providing support and guidance

## **Dana Ioana Țălnar-Naghi, Social Researcher at Research Institute for Quality of Life, SCOSAAR PhD student Romanian Academy**

I appreciate my experience as a presenter at the 2021 ISQOLS Virtual Conference as an extraordinary opportunity for me as a PhD student enrolled in Social Sciences for several main reasons: it helped me to enhance academic professionalization skills for exchanging knowledge, and at the same time to gain experience while forming social bonds with other researchers from all over the world. On this occasion I want to congratulate the organizers, who excelled in providing ample rooms for interaction and discussion, resulting in an excellent conference experience.

Throughout conference days, from Wednesday to Friday, I visited several parallel sessions that evolved around worker well-being focusing more on those sessions about "COVID, work and well-being". I discovered several new concepts and approaches that are highly relevant to my own research and that I will use in my future work. In the last session on Friday, dedicated to work during the pandemic, I had the opportunity to disseminate my research results about potential effects of home-based working on Romanians' work-life balance, before and during Covid pandemic times. Beyond the possibility of presenting at the conference, I would like to thank the ISQOLS for awarding me the educational grant and to Jill Johnson for all her support, which both helped me to strengthen my professional network in the field of quality-of-life studies. It is the field in which I work and in which I want to develop further my professional career. I strongly believe that my experience gained through 2021 ISQOLS Virtual Conference had a positive impact on my academic career but also with beneficial effects on building a stronger scientific community in the field of the Quality-of-Life Studies. Further, I would like to thank my supervisor Bogdan Voicu for introducing me to the field and for his wonderful idea of supporting me to attend this conference, but also for providing me such a valuable guidance.

## **Diana-Alexandra Dumitrescu, PhD, Romania**

I would like to take this opportunity to thank you again for your support in allowing me to take part in this extremely well-organised event. In these complicated times, it is a true achievement to connect so many experts and deliver a well-rounded and complex forum for discussion around quality of life issues. Both the presentations and consequent debates have helped further my understanding of the field, some of my personal highlights being Oliver Nahkur, Helina Maasing, Mare Ainsaar and Ave Roots - MICRI: a composite index for measuring the risk of immigration related conflicts, Jorge Ruiz-Menjivar, Zeynep Copur and Yong Liu - Exploring the effects of time perspective domains on financial confidence and satisfaction: Empirical evidence from Turkey, Humberto Charles-Leija, Mario Toledo and Ivan Guerrero -Effects of positive museums on the prosocial behaviour and Olga Popova and Vladimir Otrachshenko - Religion and happiness.

Another focus for me has to do with learning how to deliver powerful data-anchored presentations, another aspect in which I believe this conference has been more than helpful. Also, a great take-away from this event has to do with learning how researchers deal with publication related issues in these changing times, and I think I was lucky enough to learn much needed information regarding the path towards being published and relevant journals in this field. Thank you for letting me be part of this community and I look forward to your next events!

# Education Grant Recipients Reflections Continued

## **Nikita Sharma, The University of Queensland, Australia**

The ISQOLS Conference 2021 provided me with an excellent opportunity to present my PhD research to an international audience. It also provided me with a platform to connect and network with like-minded researchers who work in the domain of quality of life. I would like to thank the ISQOLS for awarding me the 2021 education grant that enabled me to present my work and network with other esteemed researchers who share my research interest. The ISQOLS Conference 2021 was hosted virtually due to the COVID-19 pandemic on 23-27 August 2021. This worked in my favour given the international travel restrictions imposed in Australia where I am currently based. It also ensured that participants from different time zones could access the conference platform and access video recordings of the sessions that they may have missed due to differences in time zones or work commitments. Overall, I found the conference to be extremely well organised.

I presented an empirical chapter from my PhD on the job quality and job satisfaction of immigrants in Australia in the 'Work and Wellbeing 1' session on Thursday 26th August. I received constructive feedback on my chapter from the attendees. The interest and advice from the chair of my session Nicolai Suppa and Clemens Hetschko are also worth mentioning. Their questions added value to my presentation and helped me improve the research design and arguments of my chapter. The other presentations in my sessions were also very informative. Specifically, the theoretical arguments put forward by Nicolai Suppa in his presentation were quite reflective as well as insightful on how labour activities impact our wellbeing.

I also took this opportunity to enhance my knowledge by attending presentations on research themes of my interests. In particular, I attended sessions on immigrant wellbeing, work and wellbeing and GLO/EHERO sessions. The keynotes by Nancy Hey and Dan Ariely were also quite informative for researchers like me who are interested in worker wellbeing. I also look forward to catching up with other interesting sessions once the video recordings of the presentations are made available. Overall, the ISQOLS 2021 education grant provided me with a valuable opportunity to gain feedback from and network with researchers from different disciplines who specialize in this domain to improve my research ideas and designs.

## **Shuyang Da, Zhejiang University, Hangzhou, China**

It's my second time to participate in the annual conference of ISQOLS and I'm quite appreciated for awarding me the educational grant. The first encounter with ISQOLS three years ago in HKPU was my first opportunity to participate in international conference in my life. At that time, I just got admitted as a doctoral candidate and was quite a green hand. The workshop held by Prof. Felicia Hupper on subjective well-being greatly inspired me. Although I focus on the research of leisure and happiness, I got a chance to learn about the other areas related to happiness and benefited a lot by making attempts to talk with other researchers. That experience greatly encouraged me to research into happiness and gratifying results have been achieved afterwards during my doctoral years. With the channel of ISQOLS, I was able to get in touch with Prof. Veenhoven and Prof. Easterlin, who always appear in my reference lists and are my role models in my academic career. This year, I'm working on my graduation thesis and shared my latest research this time on memory, leisure and well-being. Receiving enlightening suggestions, I feel glad that I could belong to such a friendly and warm circle of people and learn from so many fascinating presentations. Led by Prof. Sirgy in his work shop, I was able to develop a thorough understanding towards happiness. I was also impressed by the session of Happiness in Nations that people from different nations, no matter developed or developing, are paying more attention to the matter of happiness and benefiting from communication and collaboration. I'm very grateful for having the opportunity to participate in this conference and I do gain a sense of belongingness here in ISQOLS. I would like to thank Jill and all the organizers for their consistent efforts. Wish to see all of you offline next year!

## **Hülya Eker, Hacettepe University, Department of Sociology, Ankara/Turkey**

I would like to share my 2021 ISQOLS virtual conference experience with you. Sirgy made the keynote presentation on the first day of the conference, on August 24. I attended Sirgy's presentation titled "A Crash Course in the Psychology of Well Being and Quality of Life". This presentation helped me gain perspective on very important areas such as "philosophical fundamentals, definitions and measures", "living spaces and their impact on happiness", "population segments and happiness". Also, my own work was on the social welfare of young people. I gained new perspectives on how I can work from different aspects of the social welfare of young people. I also believe that this conference



# Education Grant Recipients Reflections Continued

experience has contributed to the development of my new ideas that will guide my future work. I was particularly interested in the methodological issues in the welfare field and the presentations on welfare in different populations. On the other days of the conference, I participated in many presentations in areas that interested me. In the presentations I attended, I interacted with researchers who have very valuable studies in their field. After this conference, I met new researchers and had the opportunity to interact and exchange ideas with professors who have very important studies in their fields. I believe that these wonderful experiences I have gained have contributed to gaining a versatile and deep perspective in my academic studies.

I would like to thank my advisor, Prof. Dr. Esra Burcu, who introduced me to the field of quality of life and well-being in sociology, helped me improve myself in this field, and provided support and guidance. I would like to thank ISQOLS for granting me the scholarship.

## **Lucía Gómez Balcácer, Segovia, Spain**

By means of this letter, I would like to talk about my experience at the ISQOLS virtual conference. First of all, I would like to thank the organizers for the option to watch the recorded sessions. Through this option I was able to enjoy all the sessions I wanted to attend.

The workshop on wellbeing and quality of life helped me to broaden the knowledge I had about subjective wellbeing. Mr. Sirgy offered some basic notions about the psychology of wellbeing to introduce the attendees to this current. The workshop has been very useful to me as I develop my doctoral thesis in this field. I now feel more confident to tackle the challenges of my PhD. With the idea of broadening my knowledge in the determinants of well-being, I enjoyed several sessions such as the sessions "Promoting community development and community well-being", "Happiness in the Nations Symposium", "Poverty and Well-being", "Promoting well-being: public policies and development" or "Religiosity, trust and well-being". I learned different concepts and approaches about trust, happiness, social capital and religion. I greatly enjoyed Dr. Dan Ariely's lecture as he humorously explained different concepts of behavioral economics. It made me rethink many aspects of human behavior, the way we actually act, in contrast to how we would act if our decisions were completely rational. I deeply appreciated that he provided us with tricks to improve our quality of life. The speakers in charge of providing insight on quality of life in Latin America addressed different topics: quality of life and child poverty, individual well-being and well-being in times of pandemic. I am very interested in the use of quantitative and qualitative indicators for measuring quality of life, so I found the conference very helpful. AI discusses quality of life from a geographic, economic, political and demographic perspective. My mother was born in the Dominican Republic, since I was a child I have had the opportunity to visit the country and this has helped me to have a greater awareness of the challenges and problems facing Latin America and the importance of cooperation between different regions to promote the welfare of the population.

I would like to thank the organization for the opportunity to participate in the conference through the education scholarship. I would also like to thank my directors, Noelia Somarriba and Patricia Gomez for introducing me to the world of health and happiness, without their guidance I would not have made it this far.

## **Natalia Kopylova, PhD student at the University of Johannesburg, South Africa.**

I would like to thank the ISQOLS for providing me the Educational Grant and giving me the chance to attend the 2021 ISQOLS Virtual Conference. On the first day of the conference, I attended the workshop on the psychology of well-being by Dr Sirgy who delivered rich information on the topic. It was amazing to listen to his lecture where he explored key points from his recently published book. His insights on the psychology of quality of life of special population groups was my primary interest and further refined my knowledge.

The following three days I dedicated to the tracks of the conference that directly relate to my research interests covering: covid, well-being in the world, public policy and development, poverty, happiness economics and many more. Presentations by P. Thuku on the "Effect of Community Response to COVID-19 Pandemic on the Wellbeing of Older Persons in Kenya"; P. Maharaj on "Ageing and poverty in South Africa"; O. M. Vasile on "Loneliness as mediator between exclusion from social relations and mental well-being for older adults" were particularly useful because it informed me of what other researchers are doing on the topic of older adults and allowed me to ask many questions to deepen my understanding.

My presentation entitled "The construction of a Quality of life index for older adults in South Africa" was part of the

# Education Grant Recipients Reflections Continued

(continued from page 7) track “Elderly and well-being”. This allowed me to introduce my research findings and receive valuable ideas and suggestions from the international researchers. The interactions during the conference inspired me even more and gave me a few ideas for the future.

I would like to thank my supervisors, Prof. Talita Greyling and Dr Stephanie Rossouw, who continuously support and believe in me. They also presented their phenomenal work on the Gross National Happiness Index (gnh.today project) that tracks real time happiness in various countries.

Finally, even though it would be wonderful to meet everyone in person, I found that the ISQOLS online platform, created a unique experience that has many advantages. Firstly, I thought it was a brilliant idea to record the sessions and post it almost immediately on the platform which allowed me to “attend” sessions that I was otherwise unable to attend. Secondly, it gave a huge advantage for me, a non-native-English speaker, to watch presentations in my own pace. It was a great pleasure to attend this well organised event and be a part of the passionate ISQOLS community of researchers that make our world better

## **Neha Kumari, PhD Scholar, Indian Institute of Technology Bhubaneswar, India**

I am sharing my learning experience of attending the ISQOLS conference from 24 Aug – 27 Aug 2021.

The major takeaways from the conference for me are:

Day 1: Completed the crash course organized by Joseph Sirgy where he cleared all the relevant basic concepts of Psychology of Wellbeing in a very simple manner. Ex: Impact of happiness on work, life domains of happiness, objective and subjective reality, and its effect on happiness. We were allowed to clear our doubts at any point of time to avoid confusion. This course has really helped me to understand the interlinkages between different factors affecting wellbeing.

Day 2: Although the topics for all the presentations were very interesting but due to simultaneous presentations, I have attended only selected ones and each one of them were very enlightening for me. I attended the presentations under the topic “Mahar Mangahas Endowed Track for the Advancement of Quality-of-Life and Well-Being in Southeast Asia”, “Rhonda G. Phillips Endowed Track for the Promotion of Community Development and Community Well-Being”, “COVID-19 and Well-Being”, “The Environment and Well-Being, Promoting Well-Being: Public Policy and Development”, “Unemployment and Well-Being, Symposium on the Contribution of Quality-of-Life Research for Policy-Making”. In these presentations, I got many insightful ideas regarding methods, framework, different data sources, and multidimensionality of the wellbeing area of research. Moreover, I got an overall idea that how severely pandemic has affected the wellbeing of people in each corner of world. Apart from the above presentation, I got an opportunity to hear Dan Ariely's lecture, which has helped me to apply effective behavioural change techniques in day-to-day life for bigger results.

Day 3: I have attended the “Symposium on Quality of life and Sustainability, Socio-spatial and Multidisciplinary Perspectives”, “Quality-of-Life in Latin-America”. After each presentation, the queries and comments of different scholars and professors helped me think in the new direction of QOL research. The lecture delivered by Julie Rusk was very interesting.

Day 4: On the last day of conference, I have attended “Methodological issues in Quality-of-Life Research”, “GLO/EHERO Sessions on Happiness Economics”, “Health and Well-Being”, and “M. Joseph Sirgy Endowed Track on Well-Being and Policy”, “Work and Well-Being”. As my research area is Economics of happiness itself. These sessions helped me to clear my confusion over the scope, measurement, and methodological problem of Economics of Happiness. All the presentations were very enriched and resulted into a thoughtful discussion.

Finally, I would like to convey my heartfelt thanks to Jill Johnson, Martijn Burger, and the entire ISQOLS for the education grant and for allowing me to attend the conference. I really wish to present my research work in the next ISQOLS conference in person.



# Conference Poster Awards

We had 26 wonderfully designed posters at our ISQOLS 2021 conference! Most of these are designed by young scholars/new to the field researchers. Please take time to view all of the posters on the RDMobile site In efforts to support these authors, ISQOLS created a "Best Poster Award" series, and we are pleased to award the recipients with the following: First place: Free 2022 Conference Registration; Second place: Free ISQOLS annual membership; Third place: ISQOLS Anniversary T-shirt :)

## FIRST PLACE

### "The Interaction between Eudaimonic and Hedonic Motivation in predicting Positive and Negative Functioning Outcomes" by Andrea LeFebvre and Veronika Huta

[CLICK HERE TO VIEW](#)

**INTRODUCTION**  
How do people pursue a "good life"?  
Two types of motivations towards wellbeing (2):

**EUDAIMONIC MOTIVATION**  
➢ Seeking authenticity, excellence, meaning, growth

**HEDONIC MOTIVATION**  
➢ Seeking pleasure, enjoyment, fun, comfort, relaxation, ease, painlessness

Huta (1) has argued that both motivations are important for well-being and that they serve complementary functions  
"E.g., hedonic motives may be necessary to *nourish the self* so that we can adopt eudaimonic pursuits, such as contributing to the world beyond ourselves"  
➢ Past research shows that people who have high levels of both report greater well-being (3)

**Research Question:**  
Do the motivations interact in predicting positive and negative functioning outcomes?  
➢ Does having high levels of both motivations

**METHODS**  
◆ Cross-sectional design  
◆ 494 undergraduate participants (University of Ottawa, Canada)

**Online questionnaire assessing:**  
1. Trait levels of **eudaimonic and hedonic motivations**  
- Hedonic and Eudaimonic Motives for Activities Scale (HEMA-R; Huta, 2016)  
- "Response options 1 'Not at all' to 8 'Extremely'"  
2. Trait levels of perceived **excessive eudaimonic and hedonic motivation**  
- HEMA-R with response options of "not too much", "a bit too much", "moderately too much", and "far too much"

**3. Hedonic positive and negative functioning outcomes**  
- **Positive:** Flourishing, spontaneity, sensuality, present-mindedness, playfulness, sociality, healthy selflessness, ability to let go, sleep and rest  
- **Negative:** Over-indulgence, slothful behaviour, addiction, impulsivity, risk-taking, irresponsibility, superficiality, excessive selfishness, greed, sloppy performance

**4. Eudaimonic positive and negative functioning outcomes**  
- **Positive:** Gratitude, selflessness, sense of identity, honesty, autonomy, moral virtue, high

**PRELIMINARY RESULTS**  
We tested for an interaction between the eudaimonic and hedonic motivations in predicting the **positive functioning outcomes**  
Predicted more:  
➢ Ability to let go (p=.05)  
➢ Sense of identity (p=.001)  
➢ Satisfaction (p=.014)  
➢ Wisdom (p=.039)  
➢ Self-acceptance (p=.006)  
➢ Existential meaning (p=.016)  
➢ Gratitude (p=.001)  
➢ Spontaneity (p=.037)  
➢ Life satisfaction (p=.021)  
We tested for an interaction between each motivation in excess and it's healthy counterpart in predicting the **negative functioning outcomes**  
**Excessive hedonic motivation x eudaimonic motivation**  
Predicted less:  
➢ Irresponsibility (p=.001)  
➢ Slothful behaviour (p=.001)  
➢ Impulsivity (p=.012)  
**Excessive eudaimonic motivation x hedonic motivation**  
Predicted more:  
➢ Work addiction (p=.022)  
➢ Excessive focus on outcomes (p=.009)

**REFERENCES**  
1. Huta, V. (2015). The complementary roles of eudaimonic and hedonic motives in well-being. In S. J. Lopez, D. P. Moore, & A. J. Singer (Eds.), *The science of well-being: A handbook of well-being* (pp. 113-124). New York: Springer.

## SECOND PLACE

### "Good Data for Good Decisions about Community Revitalization" by Eli Coltin and Jason Ware

[CLICK HERE TO VIEW](#)

**Good Data for Good Decisions about Community Revitalization**  
Eli Coltin  
Purdue University

**Background Information**

**Purpose**  
The purpose of this project was to analyze household data in the northern neighborhood of Lafayette, Indiana, USA, to inform the City of Lafayette's community revitalization and economic development and create strategic initiatives.

**Background**  
The City of Lafayette is a small town in the northern part of the city of Lafayette, Indiana, USA, with a population of approximately 10,000. The city is currently undergoing a revitalization project to improve the quality of life in the community. An analysis of household data is a key component of this revitalization project.

**Neighborhood Statistics**  
Median household income: \$42,500  
Population: 10,000  
Area: 1.5 sq. miles

**Census Tract Map**

**Why Retention?**  
Retention of households and businesses is a key component of a community's long-term success. Retention of households and businesses is a key component of the quality of life in a community. An analysis of household data is a key component of this revitalization project.

**Methodology**  
The methodology used in this project was a combination of secondary data analysis and primary data collection. The secondary data was obtained from the City of Lafayette's household data. The primary data was collected through a survey of households in the neighborhood.

**Variables of Interest**  
1. Age  
2. Income  
3. Number of Children  
4. Home Owner or Renter  
5. Marital Status

**Neighborhood List**  
1. Brown, L. Avenue  
2. Brown, L. Avenue  
3. Brown, L. Avenue  
4. Brown, L. Avenue  
5. Brown, L. Avenue

**Significant Quantitative Results**

**Significant Qualitative Results**

**Discussion and Future Questions**

**Indicators**  
The indicators used in this project were household income, population, area, and number of households. These indicators were used to measure the success of the revitalization project.

## THIRD PLACE

### "Case Study of Covid-19 Experiences of Selected Street Children in Metro Manila" by Jeremiah Angela Malonzo and Joanne Bantang

[CLICK HERE TO VIEW](#)

**CASE STUDY OF COVID-19 EXPERIENCES OF SELECTED STREET CHILDREN IN METRO MANILA**  
Jeremiah Angela Malonzo and Joanne Bantang, PhD  
Home Economics Education Department, College of Home Economics, University of the Philippines-Diliman

**BACKGROUND OF THE STUDY**  
As one of the measures in curtailing the spread of the COVID-19 infection in the Philippines, the country's health agency Task Force on COVID-19 (TF-COVID) declared a community quarantine in March 2020 particularly in densely populated areas with high infection rates, such as in Metro Manila (Lam, 2020). Many businesses, both small and large, had to temporarily close down, which led to massive layoffs and unemployment. Only those working in essential industries, the medical field, and government services were allowed to continue working. The vulnerable members of the community such as the elderly, pregnant women, children, and those with comorbidities associated with COVID-19 were restricted to leave their homes. One vulnerable group, the street children, face double vulnerability as they already struggle to bring themselves to school in this new health threat. They also face possible non-compliance of the community quarantine guidelines. The problem is ongoing. The Philippines is facing the impact of infection from new variants (DelaCruz2020) while struggling up on the vaccination of the majority. In order to gain insight on the situation and provide relevant assistance for street children or street families, a study on their experiences during the pandemic is timely.

**CONCLUSION**  
The street children's knowledge on the nature of COVID-19 as a disease is very basic although there are some misconceptions, which they understand enough sufficient to them to know what to do to prevent themselves. However, what they know do not translate into good practices and the main reason is that they lack the necessary resources. They get on their daily life with the existing threat, not only from the virus but from the social and economic conditions. Government programs for the poor should be expanded and re-evaluated to help address the double vulnerability of street children's families. There is also a need for situational awareness to street children and their families. What needs to be done is to provide them with the necessary support and resources to survive in this health threat. Filipino should do their part of assisting this vulnerable group.

**PURPOSE OF THE STUDY**  
This is a case study that described the experiences of street children during the COVID-19 pandemic. Their knowledge of the disease and risk coping strategies and the assistance they received from others, both government institutions, private organizations or individuals.

**METHODOLOGY**  
Research method: Interview of 10 street children who apply the experiences of being in the COVID-19 pandemic.  
Data Gathering Procedure: In-depth interview with parent/caregiver and self-assessment.

**RESULTS**  
**ON KNOWLEDGE OF COVID-19**  
Street children know that COVID-19 is a deadly and contagious virus. They know several prevention devices and practices that may prevent the virus however they do not wear the protective gear necessary and do not practice good personal distancing and hand washing.  
**ON COPING STRATEGIES**  
Street children know that COVID-19 is a deadly and contagious virus. They know several prevention devices and practices that may prevent the virus however they do not wear the protective gear necessary and do not practice good personal distancing and hand washing.  
**ON ASSISTANCE & SUPPORT**  
All of the street children's street families have received help from their government institutions. The use of the facilities were assisted by the government. Nevertheless, all of these received government devices such as masks, money, and food donations from people giving help for their own.

### "Can We Combine Good Learning Outcomes with High School Life Satisfaction? A Comparative Study with Schoolchildren in Estonia, Finland and Poland" by Dr Tomasz Strazik and Prof. Dagmar Kutsar

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**CAN WE COMBINE GOOD LEARNING OUTCOMES WITH HIGH SCHOOL LIFE SATISFACTION? A COMPARATIVE STUDY WITH SCHOOLCHILDREN IN ESTONIA, FINLAND AND POLAND**  
Dr Tomasz Strazik, Poznań University of Economics and Business; prof. Dagmar Kutsar, University of Tartu

**About the CHILDREN'S WORLDS**  
The CHILDREN'S WORLDS survey is a worldwide research project on children's subjective well-being. It has been conducted in 100 countries and 100 languages. The survey is a part of the European Union's Horizon 2020 research and innovation programme. The survey is a part of the European Union's Horizon 2020 research and innovation programme. The survey is a part of the European Union's Horizon 2020 research and innovation programme.

**The Sample**  
N = 10199 (Estonia), N = 10199 (Finland), N = 10199 (Poland)  
Children's overall subjective well-being measure (CSWB) score

**FINDINGS (1)**  
Children's level of satisfaction with school is higher in Estonia than in Finland and Poland.  
Children's level of satisfaction with school is higher in Estonia than in Finland and Poland.

**FINDINGS (2)**  
Children's level of satisfaction with school is higher in Estonia than in Finland and Poland.  
Children's level of satisfaction with school is higher in Estonia than in Finland and Poland.

**Conclusions**  
Children from these three countries achieved significantly higher scores in life satisfaction than children from the other two countries. The results suggest that children's level of satisfaction with school is higher in Estonia than in Finland and Poland. The results suggest that children's level of satisfaction with school is higher in Estonia than in Finland and Poland.

**Acknowledgments**  
The study was supported by the Estonian Research Council (grant number 13-01/017/S12) and the Polish National Science Centre (grant number 2018/01/B/HS00010).

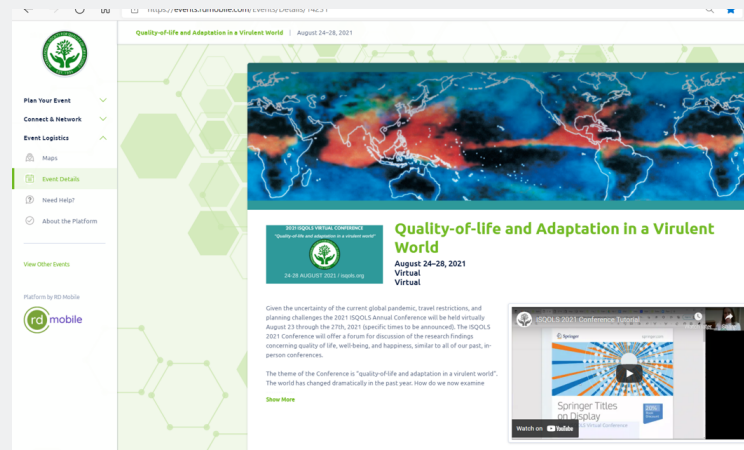
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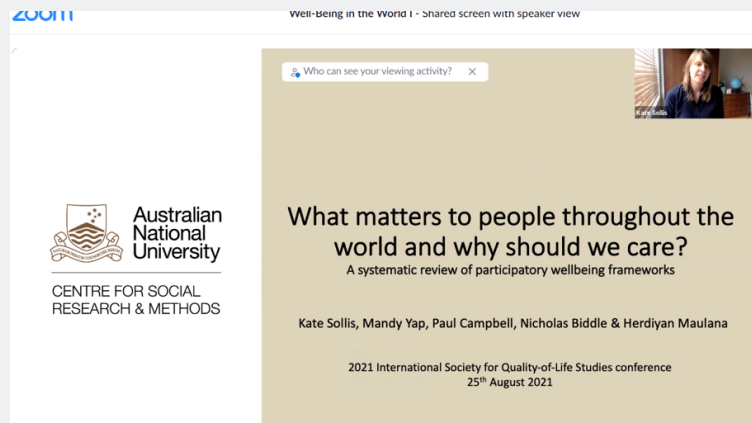


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